

## Local Breastfeeding Support Groups

**Baby Café:** A fee, drop in center for pregnant and breastfeeding moms offering support and assistance in an informal and comfortable setting. For more sites including Stillwater and Lake City, see: [www.babycafeusa.org](http://www.babycafeusa.org)

Tuesdays 10:00 am-12:00 pm

United Methodist Church  
127 S 2nd Street  
River Falls, WI 54022  
715-307-6319

**TLC– The Lactation Circle:** Free group where mamas and babies can connect, refresh, and chat about all things post-birth. Drop in the Birth Center as time allows. No Registration Required.

Every Wednesday from 10:00am - 12:00 pm

Western Wisconsin Health  
1100 Bergslien St  
Baldwin, WI 54002  
715-684-1458



01/19, 03/19, 7/19, 11/19

## Websites and Online Support

[womenshealth.gov/breastfeeding](http://womenshealth.gov/breastfeeding)

[kellymom.com](http://kellymom.com)

[wicbreastfeeding.fns.usda.gov](http://wicbreastfeeding.fns.usda.gov)

[naturalbreastfeeding.com](http://naturalbreastfeeding.com) (video of natural breastfeeding)

[Globalhealthmedia.org](http://Globalhealthmedia.org)

[LactMed Database](http://LactMed Database)

[Zipmilk.org](http://Zipmilk.org)

[gwpcbc.wordpress.com](http://gwpcbc.wordpress.com).

## Breastfeeding Friendly Initiatives

Contact Public Health to get involved, refer a business, or Businesses and Child Care Providers can receive support and resources, to help increase breastfeeding friendly benefits to employees and families they serve just ask a question.

### St. Croix County Public Health

[sccwi.gov/178/Breastfeeding-Support](http://sccwi.gov/178/Breastfeeding-Support)

715-246-8263

### Pierce County Public Health

715-273-6755



## Breastfeeding Support Resources



## Supporting Pierce and St. Croix Counties

- CONSULTATION
- SUPPORT & REFERRALS
- COMMUNITY SUPPORT

## Consultation - Information - Referrals

Pierce County Public Health	715-273-6755	<a href="http://www.co.pierce.wi.us">www.co.pierce.wi.us</a>
Pierce County WIC	715-273-6758	<a href="http://www.co.pierce.wi.us">www.co.pierce.wi.us</a>
St. Croix County Public Health	715-246-8263	<a href="http://www.sccwi.gov/publichealth">www.sccwi.gov/publichealth</a>
St. Croix County WIC	715-246-8359	<a href="http://www.sccwi.gov/publichealth">www.sccwi.gov/publichealth</a>
River Falls Area Hospital Birth Center (1,2,3,4,5)	715-307-6319	<a href="http://www.allinahealth.org">www.allinahealth.org</a>
Hudson Hospital & Clinics (1,3,5)	715-531-6000	<a href="http://www.hudsonhospital.org">www.hudsonhospital.org</a>
Western Wisconsin Health (1,3,4,5)	715-684-1458	<a href="http://www.wwhealth.org">www.wwhealth.org</a>
Westfield's Hospital, New Richmond (1)	715-243-2680	<a href="http://www.westfieldshospital.com">www.westfieldshospital.com</a>
Mayo Clinic Health System, Redwing (1,4)	651-267-5000	<a href="http://www.mayoclinichealthsystem.org">www.mayoclinichealthsystem.org</a>
Mayo Clinic Health System, Menomonie (1)	715-235-5531	<a href="http://www.mayoclinichealthsystem.org">www.mayoclinichealthsystem.org</a>
Woodwinds Health, Woodbury (1)	651-232-0228	<a href="http://www.healtheast.org">www.healtheast.org</a>
Lakeview Hospital, Stillwater (1,2,3,4,5)	651-439-5330	<a href="http://www.lakeviewhealth.org">www.lakeviewhealth.org</a>
La Leche League	651-388-3575	<a href="http://www.llofmndas.org/red-wing.html">www.llofmndas.org/red-wing.html</a>

1=Breastfeeding Class

2=Pump Rentals

3=Pump Sales

4=Support Group

5=Milk Depot