

AGING & DISABILITY RESOURCE CENTER OF ST. CROIX COUNTY

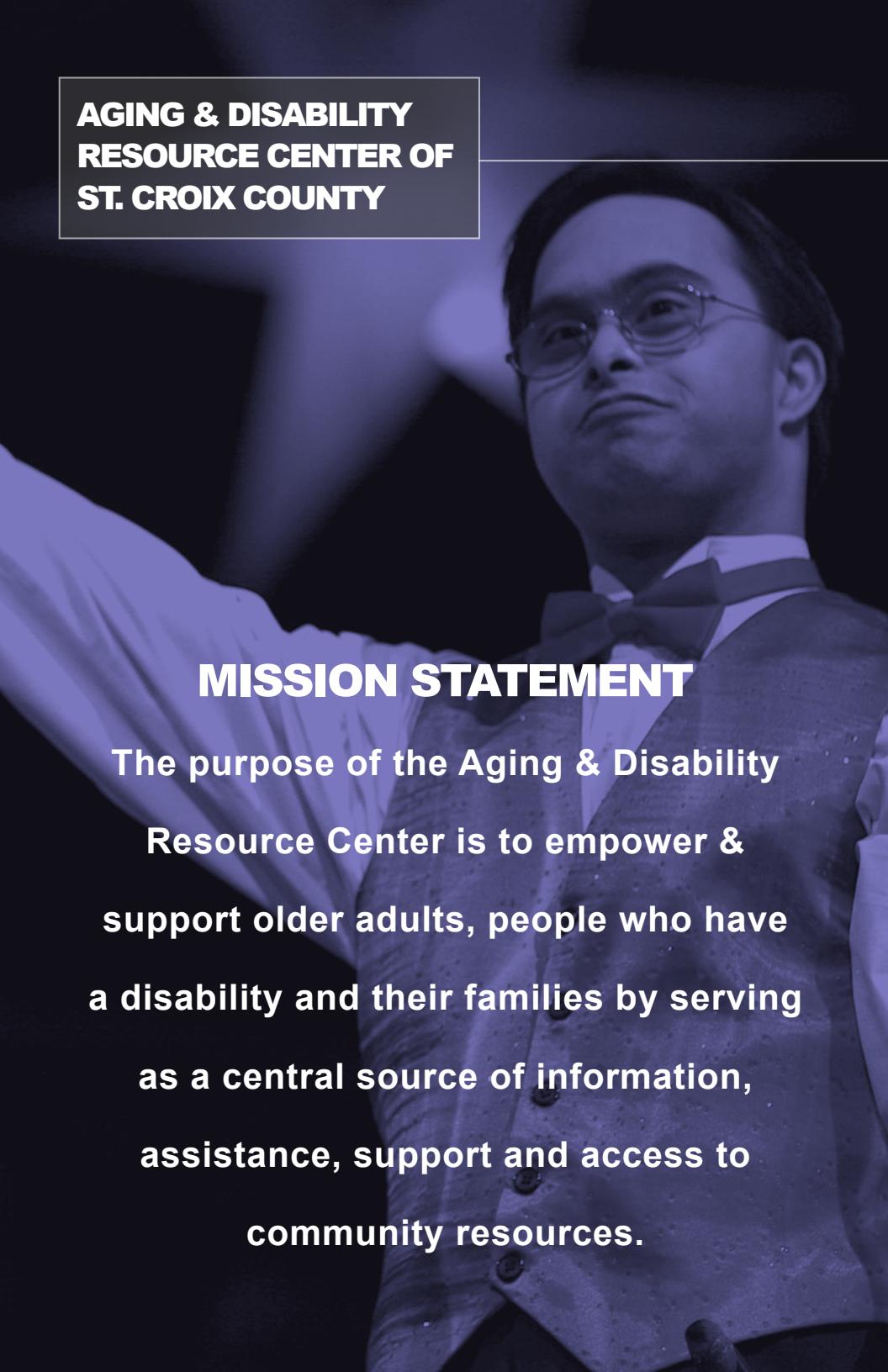


1752 Dorset Lane
New Richmond, WI 54017

1-800-372-2333

The Aging & Disability Resource Center
is a Department of St. Croix County
Health & Human Services

Website:
www.sccwi.gov

A black and white photograph of a man with glasses and a suit, looking upwards and to the right with a thoughtful expression.

AGING & DISABILITY RESOURCE CENTER OF ST. CROIX COUNTY

MISSION STATEMENT

The purpose of the Aging & Disability Resource Center is to empower & support older adults, people who have a disability and their families by serving as a central source of information, assistance, support and access to community resources.



KEY SERVICES

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ELDER BENEFIT SPECIALIST PROGRAM

An **Elder Benefit Specialist** (EBS) provides advocacy and assistance to St. Croix County residents 60 years and older under the supervision of the Greater Wisconsin (GWAAR) Elder Law Attorneys.

An Elder Benefit Specialist provides information about Medicare, Medicaid, supplemental insurance and all other public benefits, as well as assistance with grievances and appeals when necessary.

An **Elder Benefit Specialist** works closely with the Information and Assistance, Options Counselors, and other **Aging & Disability Resource Center** services.

This is a free and confidential service, available during office hours.

*To arrange an appointment with an **Elder Benefit Specialist**, please call Monday through Friday, 8:00 a.m. – 4:30 p.m..*

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DISABILITY BENEFIT SPECIALIST PROGRAM

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A **Disability Benefit Specialist** (DBS) provides services to people ages 18 to 59 with physical disabilities, developmental disabilities, mental illness and substance use disorders under the direction of the Program Attorneys at Disability Rights Wisconsin.

A **Disability Benefit Specialist** provides information about public and private benefit programs including assistance with application and appeal procedures.

A **Disability Benefit Specialist** works closely with Information and Assistance, Options Counselors, and other **Aging & Disability Resource Center** services.

This is a free and confidential service, available during office hours.

*To arrange an appointment with a **Disability Benefit Specialist** (DBS), please call Monday through Friday, 8:00 a.m. – 4:30 p.m..*

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INFORMATION & ASSISTANCE & OPTIONS COUNSELING

Information and Assistance (I & A) Specialists serve persons age 18 and older.

I & A Specialists/Options Counselors are Certified Wisconsin Social Workers who are available to provide accurate and unbiased information on all aspects of life related to aging or living with a disability.

I & A Specialists/Options Counselors assist the public to plan for long and short term care needs and provide current information about local, regional, and State resources to meet the care needs of callers and their friends or family members.

I & A Specialists/Options Counselors also assist with community outreach, health promotion, prevention services and assist eligible persons to enroll in long term care programs available through the State of Wisconsin.

I & A Specialists/Options Counselors are certified to provide memory screening services.

This is a free and confidential service, available during office hours. Walk-ins are also welcome.

*To access these services, please contact an
Information & Assistance Specialist/Options Counselor at:*

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TRANSPORTATION

The purpose of the **Transportation** program is to provide transportation to persons 60 & older and to persons with disabilities. The general public may ride on a “space available” basis.

The **Transportation** service is available in the communities of: Baldwin, Deer Park, Glenwood City, Hammond, Hudson, New Richmond, Roberts, Somerset and Woodville. The service provides transportation to local senior centers/nutrition sites, medical, employment, shopping and social destinations within each community. The buses in three communities are wheelchair accessible. Days and times of transportation service vary by location. Requests for service are made by contacting the senior center located in the community in which service is needed. Requests must be made 24-48 hours in advance. The fare is \$2.00 per round trip with a \$.50 discount applied to persons needing transportation to the local senior center to participate in the Senior Nutrition Program.

The ADRC also collaborates & supports other transportation programs through the 85.21 Grant including New Freedom Transportation/ Volunteer Rider Program; River Falls Rideshare; New Richmond Rideshare; & the Disabled and Aging Rider Collaboration Weekend Transportation in Hudson & North Hudson.

For more information on this service or the other transportation services supported by the ADRC, please contact The Community Service Coordinator at:

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SENIOR CENTER & NUTRITION SERVICES

The Aging & Disability Resource Center's Nutrition Program provides a nutritionally balanced, hot, noon meal. The Nutrition Program is open to individuals age 60 and older and their spouse regardless of age. The suggested contribution is \$5.00/meal. The Nutrition Program is funded by participant contributions and Federal, State and County monies. The Nutrition Program offers its services at each of the nine Senior Centers.

The mission of the nine Senior Centers in St. Croix County is to promote the physical, emotional, and economic well-being of older adults and to encourage participation in all aspects of community life. The Senior Centers are non-profits, funded by The United Way and special projects. The Senior Centers are governed by volunteers. Entertainment, special fun trips, and educational programs are offered at the Senior Centers.

Baldwin

400 Cedar St., 715-684-2979
Serves Monday – Thursday

Deer Park

121 Front St., 715-269-5301
Serves Monday – Thursday

Glenwood City

217 W Oak St., 715-265-7242
Serves Monday – Thursday

Hudson

606 Brakke Rd., 715-386-8709
Serves Monday – Thursday

New Richmond

156 East First St. 715-888-1205
Serves Monday – Thursday

River Falls

119 Union St., 715-425-9932
Serves Monday – Friday

Roberts

555 Davis St., 715-749-3755
Serves Tuesdays & Thursdays

Somerset

748 Highway 35, 715-247-5354
Serves Monday – Thursday

Woodville

102 S Main St., 715-698-2152
Serves Monday - Thursday

HOME DELIVERED MEALS

The St. Croix County **Home Delivered Meal Program** provides a hot nutritious meal to persons who are: aged 60 and over, who are homebound and unable to prepare adequate meals on their own, caregivers or spouses providing respite. Persons with disabilities, under the age of 60, who are unable to prepare adequate meals on their own, may receive Home-Delivered meals at full cost.

A nutritious well-balanced meal is extremely important in helping participants stay healthy and self-sufficient. Meals are provided on a short or long term basis. Short term meals are typically provided for those recovering from surgery or illness.

Anyone who receives this service is asked to contribute \$6.50, or what they can afford, per meal. Contributions are confidential and no one, over the age of 60, will be denied because of their inability to pay. In order to ensure satisfaction with this program and to provide additional nutritional support and education, the Outreach Coordinator conducts home visits with individuals served by the **Home-Delivered Meal Program**.

To get started, contact the Outreach Coordinator at:

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DEMENITIA CARE SPECIALIST PROGRAM

The **Dementia Care Specialist (DCS)** provides information and assistance regarding Alzheimer's disease and other dementias. The **Dementia Care Specialist** performs memory screens for individuals to determine the needs with their primary physician and other healthcare professionals. The **Dementia Care Specialist** connects family caregivers with needed assistance and support & discusses options including long term care and future care plans. The **Dementia Care Specialist** assists individuals with dementia to remain active and in their homes longer. The DCS serves individuals concerned about memory loss and those who have a diagnosis and are living with dementia as well as caregivers and the community. DCS assists with advocacy and communication with medical professionals, housing and elected officials.

Services to **diagnosed individuals** to assist with remaining in the community:

- Memory screens and depression screens available.
- Information, referrals to physicians, planning and support.
- Journey Along - a safe, comfortable, & engaging social outing group for people living with dementia and their caregivers.
- Wits Workout - an engaging and interactive brain health program for older adults.
- Boost your Brain and Memory: learn strategies on remembering, being more organized and regulating emotions.

Services to **caregivers/care partners**:

- Assistance and support through education, support, family meetings, and long term planning.

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- DICE to develop skills to address behavioral and psychological symptoms of dementia and to improve communication.
- Health Care Literacy and Dementia: improving communication with medical professionals.
- Education and support.

Dementia Specialist services to **community** to promote awareness, understanding, support, inclusion, and to reduce stigma and fear:

- Training to businesses, churches, schools, agencies and faith communities at no cost and convenient to you.
- Education sessions that are free and open to the public with information on ADRC website and in the media.

Free, confidential consults in-home or office.

*To access these services, please contact the
Dementia Care Specialist at:*

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CAREGIVER SUPPORT

The National Family Caregiver and Alzheimer's Family Caregiver Support Programs offer a variety of services to support caregivers.

This includes caregiver support, consultation, education, support groups resources, and an annual Caregiver Conference. Funding for respite care, education, or equipment may be available if individuals meet the grant eligibility requirements.

Education and support is available. All groups are free, open and confidential. Call ahead to confirm time and location.

Education and support is available, either in your home or at Support Group host sites. All groups are free, open and confidential. Please call to confirm time & location for Caregiver Support Groups throughout the county.

To access this service, please contact the Caregiver Support Coordinator at:

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ADULT SOCIAL DAY RESPITE PROGRAM

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This program is structured and includes activities, a morning snack, and is designed for people who are frail or have cognitive issues related to dementia. Activities are wide ranging in variety. This is a social respite – no hands on cares are provided. Participants need to be age 60 and above or have a diagnosis of dementia at any age.

This is a donation based program. Non-residents of St. Croix County are welcome to attend if eligible, a daily fee applies to out of county residents. The program is offered three days a week in Hudson and New Richmond in St. Croix County. An in-home assessment and physician's form are completed prior to acceptance to the program.

To access this service, contact the Caregiver Support Coordinator at:

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HEALTHY AGING

There are a variety of classes available to help participants better care for themselves. Classes include: **Living Well with Chronic Conditions and Stepping On (Falls Prevention) Powerful Tools for Caregivers**. All of the classes are 6-7 weeks, interactive, research driven and designed to improve quality of life and health for participants.

ST. CROIX AGING & DISABILITY NEWS (ADRC NEWS)

An informational **newsletter** distributed on a monthly basis to increase public awareness of services, activities, opportunities and area resources.

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ADULT PROTECTIVE SERVICES

ELDER ABUSE & NEGLECT

Involves a person age 60 or older who is subjected to physical or emotional abuse, financial exploitation, and neglect or self-neglect. Abusers are often relatives of the victim, although friends, neighbors, caregivers and strangers also commit elder abuse.

ADULTS AT RISK SERVICES

Involves persons ages 18-59 with a diagnosed physical or mental impairment that substantially impairs the ability to care for his or her needs that has experienced, is currently experiencing or is at risk of experiencing abuse, neglect, financial exploitation, or self-neglect to the degree to which their daily functioning is significantly impacted, and their safety is in jeopardy.

GUARDIANSHIP

Chapter 54 of Wisconsin Statutes governs the standards and procedures for guardianship of persons who are determined to be legally incompetent due to developmental disability, serious and persistent mental illness, and degenerative brain disorder or other like capacities. A guardian may be appointed to manage an individual's medical and personal decisions (guardian of the person) and / or their financial decisions (guardian of the estate). This requires a doctor's examination and completion of a report to the court along with a specific court process to be followed.

For more information on these services contact:

Adult Protective Services

715-246-8255

(8 am - 4:30 pm or 911 after hours)

- To report adult abuse and neglect or adults at risk
- Guardianships

AGING & DISABILITY RESOURCE CENTER OF ST. CROIX COUNTY

The Aging & Disability Resource Center of St. Croix County provides services to individuals over age 60 and individuals age 18-59 who have a disability, as well as their families. Services are provided without regard to race, color, creed, ethnic origin, religion or income level.

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