AGING & DISABILITY RESOURCE CENTER OF ST. CROIX COUNTY

1752 Dorset Lane
New Richmond, WI 54017

1-800-372-2333

The Aging & Disability Resource Center is a Department of St. Croix County Health & Human Services

Website: www.sccwi.gov
MISSION STATEMENT

The purpose of the Aging & Disability Resource Center is to empower & support older adults, people who have a disability and their families by serving as a central source of information, assistance, support and access to community resources.
KEY SERVICES

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ELDER BENEFIT SPECIALIST PROGRAM

An Elder Benefit Specialist (EBS) provides advocacy and assistance to St. Croix County residents 60 years and older under the supervision of the Greater Wisconsin (GWAAR) Elder Law Attorneys.

An Elder Benefit Specialist provides information about Medicare, Medicaid, supplemental insurance and all other public benefits, as well as assistance with grievances and appeals when necessary.

An Elder Benefit Specialist works closely with the Information and Assistance, Options Counselors, and other Aging & Disability Resource Center services.

This is a free and confidential service, available during office hours.

To arrange an appointment with an Elder Benefit Specialist, please call Monday through Friday, 8:00 a.m. – 4:30 p.m..

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DISABILITY BENEFIT SPECIALIST PROGRAM

A Disability Benefit Specialist (DBS) provides services to people ages 18 to 59 with physical disabilities, developmental disabilities, mental illness and substance use disorders under the direction of the Program Attorneys at Disability Rights Wisconsin.

A Disability Benefit Specialist provides information about public and private benefit programs including assistance with application and appeal procedures.

A Disability Benefit Specialist works closely with Information and Assistance, Options Counselors, and other Aging & Disability Resource Center services.

This is a free and confidential service, available during office hours.

To arrange an appointment with a Disability Benefit Specialist (DBS), please call Monday through Friday, 8:00 a.m. – 4:30 p.m..

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Information and Assistance (I & A) Specialists serve persons age 18 and older.

I & A Specialists/Options Counselors are Certified Wisconsin Social Workers who are available to provide accurate and unbiased information on all aspects of life related to aging or living with a disability.

I & A Specialists/Options Counselors assist the public to plan for long and short term care needs and provide current information about local, regional, and State resources to meet the care needs of callers and their friends or family members.

I & A Specialists/Options Counselors also assist with community outreach, health promotion, prevention services and assist eligible persons to enroll in long term care programs available through the State of Wisconsin.

I & A Specialists/Options Counselors are certified to provide memory screening services.

This is a free and confidential service, available during office hours. Walk-ins are also welcome.

To access these services, please contact an Information & Assistance Specialist/Options Counselor at:

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SPECIALIZED TRANSPORTATION

The purpose of the Specialized Transportation program is to provide transportation to persons 60 & older and to persons with disabilities, or the spouses of either. The general public may ride on a “space available” basis.

The Specialized Transportation service is available in the communities of: Baldwin, Deer Park, Glenwood City, Hammond, Hudson, New Richmond, Roberts, Somerset and Woodville. The service provides transportation to local senior centers/nutrition sites, medical, employment, shopping and social destinations within each community. The buses in three communities are wheelchair accessible. Days and times of van service vary by community. Requests for service are made by contacting the senior center located in the community in which service is needed. Requests must be made 24-48 hours in advance. The fare is $2.00 per round trip with a $.50 discount applied to persons needing transportation to the local senior center to participate in the Senior Nutrition Program.

For more information on this service, please contact The Community Service Coordinator at:

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The Aging & Disability Resource Center contracts with the Shared Ride Taxi to provide subsidized transportation within the city of River Falls. To schedule a ride call the River Falls Ride Share Taxi at 715-425-0900.
SENIOR CENTER & NUTRITION SERVICES

The Aging & Disability Resource Center’s Nutrition Program provides a nutritionally balanced, hot, noon meal. The Nutrition Program is open to individuals age 60 and older and their spouse regardless of age. The suggested donation is $5.00/meal. The Nutrition Program is funded by participant donations and Federal, State and County monies. The Nutrition Program offers its services at each of the nine Senior Centers.

The mission of the nine Senior Centers in St. Croix County is to promote the physical, emotional, and economic well-being of older adults and to encourage participation in all aspects of community life. The Senior Centers are non-profits, funded by The United Way and special projects. The Senior Centers are governed by volunteers. Entertainment, special fun trips, and educational programs are offered at the Senior Centers.

Baldwin
400 Cedar St., 715-684-2979
Serves Monday – Thursday

Deer Park
121 Front St., 715-269-5301
Serves Monday – Thursday

Glenwood City
217 W Oak St., 715-265-7242
Serves Monday – Thursday

Hudson
1320 Wisconsin St., 715-386-8709
Serves Monday – Friday
(Home-delivered Mon – Thurs)

New Richmond
156 East First St., 715-888-1205
Serves Monday – Thursday

River Falls
119 Union St., 715-425-9932
Serves Monday – Friday
(Home-delivered Mon – Fri)

Roberts
312 N Park St., 715-749-3755
Serves Monday & Wednesday

Somerset
748 Highway 35, 715-247-5354
Serves Monday – Thursday

Woodville
102 S Main St., 715-698-2152
Serves Monday - Thursday
HOME DELIVERED MEALS

The St. Croix County Home Delivered Meal Program provides a hot nutritious meal to persons who are: aged 60 and over and unable to prepare adequate meals on their own, caregivers or spouses providing respite. Persons with disabilities, under the age of 60, who are unable to prepare adequate meals on their own, may receive Home-Delivered meals at full cost.

A nutritious well-balanced meal is extremely important in helping participants stay healthy and self-sufficient. Meals are provided on a short or long term basis. Short term meals are typically provided for those recovering from surgery or illness.

Anyone who receives this service is asked to donate $6.50, or what they can afford, per meal. Contributions are confidential and no one, over the age of 60, will be denied because of their inability to pay. In order to ensure satisfaction with this program and to provide additional nutritional support and education, the Outreach Coordinator conducts home visits with individuals served by the Home-Delivered Meal Program.

To get started, contact the Outreach Coordinator at:

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DEMENTIA CARE SPECIALIST PROGRAM

The Dementia Care Specialist (DCS) provides information and assistance regarding Alzheimer's disease and other dementias. The Dementia Care Specialist performs memory screens for individuals to determine the needs with their primary physician and other healthcare professionals. The Dementia Care Specialist connects family caregivers with needed assistance and support & discusses options including long term care and future care plans. The Dementia Care Specialist assists individuals with dementia to remain active and in their homes longer. The DCS serves individuals concerned about memory loss and those who have a diagnosis of MCI or Alzheimer's type dementia as well as caregivers and the community. DCS assists with advocacy and communication with medical professionals, housing and elected officials.

Services to diagnosed individuals to assist with remaining in the community:

- Memory screens and depression screens available.
- Information, referrals to physicians, planning and support.
- Memory Café – a social and safe place to express feelings, socialize, laugh and learn and remain engaged meeting monthly (Baldwin, Hudson, New Richmond and River Falls).
- LEEPS (Language and Exercise Enrichment plus Socialization -- an exercise and social outing for individuals with memory loss

Services to caregivers/care partners:

- Assistance and support through education, support, family meetings, and long term planning.
• DICE to develop skills to address behavioral and psychological symptoms of dementia and to improve communication.
• Respite programs.
• Health Care Literacy and Dementia: improving communication with medical professionals.
• Education and support.

Dementia Specialist services to community to promote awareness, understanding, support, inclusion, and to reduce stigma and fear:

• Training to businesses, churches, schools, agencies and faith communities at no cost and convenient to you.
• Education sessions that are free and open to the public with information on ADRC website and in the media.

Free, confidential consults in-home or office.

To access these services, please contact the Dementia Care Specialist at:

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CAREGIVER SUPPORT

The National Family Caregiver and Alzheimer’s Family Caregiver Support Programs offer a variety of services to support caregivers. This includes caregiver support, consultation, education, support groups, respite care, Services, peer to peer and in home support and an annual Caregiver Conference. Funding for respite care, education, or equipment may be available if individuals meet the eligibility requirements.

Education and peer support are available, in a safe and comfortable environment. All groups are free, open and confidential. No reservation required.

- 1st Tuesday of each month - 9:00 a.m.-10:30 a.m. - The Civic Center, 156 E. 1st St., New Richmond
- 2nd Wednesday of each month - 11:00 a.m.-12:00 p.m. - Western Wisconsin Health, 1100 Bergslein St., Baldwin
- 3rd Thursday each month - 1:00 p.m.-2:30 p.m. - Government Center (main floor Conference Room), 1101 Carmichael Road, Hudson

To access this service, please contact the Caregiver Support Coordinator at:

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ADULT DAY RESPITE PROGRAM

The 6 hour day is structured and includes activities, a morning snack, a nutritious noon meal and is designed for people who are frail or have cognitive problems related to dementia. Activities are wide ranging in variety.

This is a donation based program. Limited scholarships may be available. Long term care insurance may apply. Non-residents of St. Croix County are welcome to attend if eligible, a daily fee applies to out of county residents. The program is offered four days a week at various locations in St. Croix County. An in-home assessment and physician’s form are completed prior to acceptance to the program.

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HEALTHY AGING

There are a variety of classes available to help participants learn about exercise, nutrition, medications, managing symptoms and talking with your doctor. Classes include: Living Well with Chronic Conditions and Stepping On (Falls Prevention). All of the classes are 6-7 weeks, interactive, research driven and designed to improve quality of life and health for participants.

ST. CROIX AGING & DISABILITY NEWS (ADRC NEWS)
An informational newsletter distributed on a monthly basis to increase public awareness of services, activities, opportunities and area resources.

For more information on these services contact:

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The Aging & Disability Resource Center of St. Croix County provides services to individuals over age 60 and individuals age 18-59 who have a disability, as well as their families. Services are provided without regard to race, color, creed, ethnic origin, religion or income level.

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