

River Falls Nutrition Program February 2023 Menu

715-425-9932

Serving Monday – Friday

24 hours in advance for a meal

*****Due to circumstances beyond our control, menu changes may occur from time to time*****

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Suggested Donation St. Croix County: Congregate Meals: <u>\$5.00 per meal</u> Home-Delivered Meals: <u>\$6.50 per meal</u></p>	<p>Suggested Donation Pierce County: Congregate Meals: <u>\$5.00 per meal</u> Home-Delivered Meals: <u>\$8.50 per meal</u></p>	<p>1 Pot Roast Mashed Potatoes w/ Gravy Peas & Carrots Dinner Roll Chef's Choice Fruit Dessert</p>	<p>2 Teryaki Glazed Chicken Au Gratin Potatoes Green Beans Biscuit Chef's Choice Fruit Dessert</p>	<p>3 Crispy Fish Au Gratin Potatoes Broccoli Dinner Roll Chef's Choice Fruit Dessert</p>
<p>6 Beef Chow Mein Stir Fry Vegetables Egg Roll Chef's Choice Fruit Dessert</p>	<p>7 Honey Glazed Ham Sweet Potatoes Peas Dinner Roll Chef's Choice Fruit Dessert</p>	<p>8 Oven Roasted Turkey Mashed Potatoes w/ gravy Green Beans Dinner Roll Chef's Choice Fruit Dessert</p>	<p>9 Spaghetti & Meat Sauce Carrots Garlic Bread Chef's Choice Fruit Dessert</p>	<p>10 Lemon Baked Cod Baked Potato California Blend Vegetables Dinner Roll Chef's Choice Fruit Dessert</p>
<p>13 Smothered Pork Chop Baked Potato Green Beans Breadstick Chef's Choice Fruit Dessert</p>	<p>14 Tater Tot Hotdish California Blend Vegetables Breadstick Chef's Choice Fruit Dessert</p>	<p>15 Country Fried Chicken Mashed Potatoes w/ gravy Peas & Carrots Dinner Roll Chef's Choice Fruit Dessert</p>	<p>16 Swedish Meatballs Buttered Noodles Broccoli Bread Stick Chef's Choice Fruit Dessert</p>	<p>17 Salmon Baby Red Potato Asparagus Dinner Roll Chef's Choice Fruit Dessert</p>
<p>20 CLOSED for President's Day</p>	<p>21 Saus. Spinach Quiche Pancakes Bacon Tri Tater Chef's Choice Fruit Dessert</p>	<p>22 Crispy Fish Baked Potato California Blend Vegetables Dinner Roll Chef's Choice Fruit Dessert</p>	<p>23 Parmesan Crusted Chicken Wild Rice Peas Biscuit Chef's Choice Fruit Dessert</p>	<p>24 Garlic Baked Shrimp Baby Red Potatoes Broccoli Dinner Roll Chef's Choice Fruit Dessert</p>
<p>27 Bone in Pork Chop Wild Rice Carrots Biscuit Chef's Choice Fruit Dessert</p>	<p>28 BBQ Riblet Au Gratin Potatoes California Blend Vegetables Dinner Roll Chef's Choice Fruit Dessert</p>			<p>Why did the banana take the prune out for supper on Valentine's Day?</p> <p style="text-align: center;"><i>Because he couldn't find a date</i></p>

Please pay as much as you can afford, as we rely on donations from participants to keep the program going.